

CONNECTICUT VALLEY HOSPITAL

PHYSICAL THERAPY SERVICES

Scope of Care

Physical Therapy Services provide examination, evaluation, diagnosis, prognosis, and intervention to patients in all three hospital divisions. Services are based in Page Hall, first floor. If patients are not able to receive services in Page Hall, services may be provided in other areas of the hospital.

Assessments:

Physical Therapy Assessments include:

- Range of Motion Assessment
- Gross Motor Assessment
- Gait, Stair climbing and Balance Assessment (Fall Risk Assessment)
- Functional Skills Assessment
- Joint Mobility Assessment
- Muscle Strength Assessment
- Adaptive Equipment Assessment
- Vocational Consultation Services – (regarding the physical environment, work parameters, and adaptive equipment)
- Wheelchair Assessment
- Environmental Accessibility Assessment
- Respiratory Assessment
- Wound/Edema Assessment
- Cardiopulmonary Conditioning Assessment

Treatments:

Clinical Electro-Therapy and Modality Treatment:

- TENS (Transcutaneous Electrical Nerve Stimulation)
- TENS Probe
- Electrical Stimulation
- Cryotherapy
- Heat Treatments (Infrared or Hydrocollator)
- Paraffin Bath
- Ultrasound & Phonophoresis
- Lumbar and Cervical Traction
- Iontophoresis
- Intermittent Compression System
- Low Level Laser Therapy
- Fluidotherapy

Clinical Hydrotherapy Services:

- Whirlpools
- Hydrotherapy Debridement
- Hydrotherapy Exercise Programs
- Under-water Ultrasound
- Aquatic Therapy

Clinical Treatment Services:

- Gait, Transfer and Stair Training
- Exercise Programs (ROM, Strengthening, Stretching, Coordination, Cardiorespiratory, etc.)
- Neurodevelopmental (Bobath, PNF, etc.)
- Environmental Accessibility Training
- Adaptive Equipment Fitting & Training
- Orthotic and Prosthetic Training
- Massage, Mobilization and Manual Therapy
- Patient Education
- Postural Drainage & Percussion

Special Consultation Services:

Physical Therapy coordinates special consultation services with many providers for wheelchairs, orthotics, prosthetics and customized adaptive equipment.

Other Departmental Functions:

Physical Therapy provides inservice training on P.T. programs, lifting, body mechanics, transfers, gait training, use of assistive devices, etc. to patients, direct care staff, family members, and community support staff.

Consulting services are provided for related Agency Committees/Task Forces. The P.T. staff members are active on treatment teams. The Physical Therapy Supervisor coordinates the consulting services of the Physiatrist and other outside support services.

Staff Composition:

The Physical Therapy Staff composition consists of one PT Supervisor, five PTs, one 2/5th Per Diem PT, and 1 Rehabilitation Therapy Assistant (PT Aide). The Department of Public Health of the State of Connecticut licenses all Physical Therapists. All licenses are posted for display in the Physical Therapy Office Area.

Supervision Received:

Physical Therapy Services are supervised clinically by the patient's primary care physicians and the Physiatrist consultant. Administrative Supervision is provided by the Director of Ambulatory Care Services. (See Table of Organization)